

BLUEBERRY PUREE NFC

ORGANIC

Nutritional Information

ASEPTICALLY PACKED

milnefruit.com

ORGANIC NFC

Analysis Name	Results	Units
Calories	42	Cal/100g
Carbohydrates	9.52	% by wt.
Total Sugars	6.75	% by wt.
Fructose	3.52	% by wt.
Glucose	3.23	% by wt.
Lactose	< 0.25	% by wt.
Maltose	< 0.25	% by wt.
Sucrose	< 0.25	% by wt.
Total Fat	0.06	% by wt.
Trans Fat	< 0.01	% by wt.
Saturated Fat	0.02	% by wt.
Monounsaturated Fat	< 0.01	% by wt.
cis-cis Polyunsaturated Fat	0.04	% by wt.
Total Dietary Fiber	1.7	% by wt.
Protein	0.78	% by wt.
Vitamin A (Beta Carotene)	78.84	IU/100g
Vitamin C	< 0.05	mg/100g
Calcium	4.23	mg/100g
Iron	0.40	mg/100g
Potassium	75	mg/100g
Sodium	4.4	mg/100g
Ash	0.18	% by wt.

This nutritional information does not represent lot specific testing and is not to be considered a specification.



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