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## Blackberry Juice, NFC

Analysis Name	Results	Units
<b>Moisture</b>	<b>92.44</b>	<b>%</b>
<b>Ash</b>	<b>0.24</b>	<b>%</b>
<b>Calories</b>	<b>28.80</b>	<b>cal/100g</b>
<b>Carbohydrate</b>	<b>6.51</b>	<b>%</b>
<b>Total Dietary Fiber</b>	<b>0.18</b>	<b>%</b>
<b>Protein</b>	<b>0.32</b>	<b>%</b>
<b>Total Fat</b>	<b>&lt;0.50</b>	<b>%</b>
trans Fat	<b>&lt;0.50</b>	<b>%</b>
Saturated Fat	<b>&lt;0.50</b>	<b>%</b>
Monounsaturated Fat	<b>&lt;0.50</b>	<b>%</b>
Polyunsaturated Fat	<b>&lt;0.50</b>	<b>%</b>
<b>Total Sugars</b>	<b>6.30</b>	<b>%</b>
<b>Added Sugar</b>	<b>0.00</b>	<b>%</b>
Fructose	3.15	%
Glucose	3.15	%
Lactose	<0.50	%
Maltose	<0.30	%
Sucrose	<0.20	%
<b>Calcium</b>	<b>7.62</b>	<b>mg/100g</b>
<b>Iron</b>	<b>0.50</b>	<b>mg/100g</b>
<b>Potassium</b>	<b>129.60</b>	<b>mg/100g</b>
<b>Sodium</b>	<b>2.95</b>	<b>mg/100g</b>
<b>Vitamin A (Beta Carotene)</b>	<b>&lt;1.00</b>	<b>mcg RAE/100g</b>
<b>Vitamin C</b>	<b>0.98</b>	<b>mg/100g</b>
<b>Vitamin D</b>	<b>0.00</b>	<b>mg/100g</b>

*\*Data obtained from multiple sources, including testing and literature. Data is not lot specific and should not be considered a specification.*

*\*Updated: 7/21/2017*

*\*Reviewed: 2/1/2021*

*\*Reviewed: 2/1/2024*

*\*Reviewed: 2/1/2026*