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Blackberry Puree, Concentrate, 28°

| Analysis Name | Results | Units |
|----------------------------------|---------------|---------------------|
| Moisture | 72.50 | % |
| Ash | 1.30 | % |
| Calories | 109.00 | cal/100g |
| Carbohydrate | 23.20 | % |
| Total Dietary Fiber | 2.30 | % |
| Protein | 2.20 | % |
| Total Fat | 0.80 | % |
| trans Fat | <0.80 | % |
| Saturated Fat | <0.80 | % |
| Monounsaturated Fat | <0.80 | % |
| Polyunsaturated Fat | <0.80 | % |
| Total Sugars | 17.00 | % |
| Added Sugar | 0.00 | % |
| Fructose | 9.00 | % |
| Glucose | 8.00 | % |
| Lactose | <0.50 | % |
| Maltose | <0.30 | % |
| Sucrose | <0.20 | % |
| Calcium | 42.50 | mg/100g |
| Iron | 1.74 | mg/100g |
| Potassium | 453.60 | mg/100g |
| Sodium | 25.30 | mg/100g |
| Vitamin A (Beta Carotene) | 2.25 | mcg RAE/100g |
| Vitamin C | 34.00 | mg/100g |
| Vitamin D | 0.00 | mg/100g |

**Data obtained from multiple sources, including testing and literature. Data is not lot specific and should not be considered a specification.*

**Updated: 7/21/2017*

**Reviewed: 2/1/2021*

**Reviewed: 2/1/2024*

**Reviewed: 2/1/2026*