



509.786.2611  
milnefruit.com  
Corporate Headquarters: 804 Bennett Ave Prosser, WA 99350

## Blackberry Puree, NFC

Analysis Name	Results	Units
<b>Moisture</b>	<b>82.83</b>	<b>%</b>
<b>Ash</b>	<b>0.37</b>	<b>%</b>
<b>Calories</b>	<b>48.50</b>	<b>cal/100g</b>
<b>Carbohydrate</b>	<b>9.60</b>	<b>%</b>
<b>Total Dietary Fiber</b>	<b>5.30</b>	<b>%</b>
<b>Protein</b>	<b>1.40</b>	<b>%</b>
<b>Total Fat</b>	<b>0.50</b>	<b>%</b>
trans Fat	<0.50	%
Saturated Fat	<0.50	%
Monounsaturated Fat	<0.50	%
Polyunsaturated Fat	<0.50	%
<b>Total Sugars</b>	<b>4.80</b>	<b>%</b>
<b>Added Sugar</b>	<b>0.00</b>	<b>%</b>
Fructose	2.40	%
Glucose	2.40	%
Lactose	<0.50	%
Maltose	<0.30	%
Sucrose	<0.20	%
<b>Calcium</b>	<b>29.00</b>	<b>mg/100g</b>
<b>Iron</b>	<b>0.50</b>	<b>mg/100g</b>
<b>Potassium</b>	<b>129.60</b>	<b>mg/100g</b>
<b>Sodium</b>	<b>8.70</b>	<b>mg/100g</b>
<b>Vitamin A (Beta Carotene)</b>	<b>3.70</b>	<b>mcg RAE/100g</b>
<b>Vitamin C</b>	<b>11.00</b>	<b>mg/100g</b>
<b>Vitamin D</b>	<b>0.00</b>	<b>mg/100g</b>

*\*Data obtained from multiple sources, including testing and literature. Data is not lot specific and should not be considered a specification.*

*\*Updated: 7/21/2017*

*\*Reviewed: 2/1/2021*

*\*Reviewed: 2/1/2024*

*\*Reviewed: 2/1/2026*