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Blueberry Juice, NFC

Analysis Name	Results	Units
Moisture	92.92	%
Ash	0.24	%
Calories	28.87	cal/100g
Carbohydrate	6.51	%
Total Dietary Fiber	0.18	%
Protein	0.32	%
Total Fat	< 1.00	%
trans Fat	< 1.00	%
Saturated Fat	< 1.00	%
Monounsaturated Fat	< 1.00	%
Polyunsaturated Fat	< 1.00	%
Total Sugars	6.30	%
Added Sugar	0.00	%
Fructose	3.15	%
Glucose	3.15	%
Lactose	< 0.5	%
Maltose	< 0.3	%
Sucrose	< 0.2	%
Calcium	7.62	mg/100g
Iron	0.22	mg/100g
Potassium	61.60	mg/100g
Sodium	2.95	mg/100g
Vitamin A (Beta Carotene)	< 1.00	mcg RAE/100g
Vitamin C	0.98	mg/100g
Vitamin D	0.00	mg/100g

**Data obtained from multiple sources, including testing and literature. Data is not lot specific and should not be considered a specification.*

**Updated: 7/21/2017*

**Reviewed: 2/1/2021*

**Reviewed: 2/1/2024*

**Reviewed: 2/1/2026*