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Blueberry Puree, Concentrate, 30°

Analysis Name	Results	Units
Moisture	68.38	%
Ash	0.53	%
Calories	125.00	cal/100g
Carbohydrate	28.55	%
Total Dietary Fiber	5.20	%
Protein	2.35	%
Total Fat	0.19	%
trans Fat	<0.01	%
Saturated Fat	0.05	%
Monounsaturated Fat	0.02	%
Polyunsaturated Fat	0.11	%
Total Sugars	20.26	%
Added Sugar	0.00	%
Fructose	10.56	%
Glucose	9.70	%
Lactose	<0.25	%
Maltose	<0.25	%
Sucrose	<0.25	%
Calcium	12.70	mg/100g
Iron	1.19	mg/100g
Potassium	226.00	mg/100g
Sodium	13.20	mg/100g
Vitamin A (Beta Carotene)	11.80	mcg RAE/100g
Vitamin C	<0.05	mg/100g
Vitamin D	0.00	mg/100g

**Data obtained from multiple sources, including testing and literature. Data is not lot specific and should not be considered a specification.*

**Updated: 7/21/2017*

**Reviewed: 2/1/2021*

**Reviewed: 2/1/2024*

**Reviewed: 2/1/2026*