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Organic Blueberry Puree, NFC

Analysis Name	Results	Units
Moisture	89.46	%
Ash	0.18	%
Calories	42.00	cal/100g
Carbohydrate	9.52	%
Total Dietary Fiber	1.70	%
Protein	0.78	%
Total Fat	0.06	%
trans Fat	<0.01	%
Saturated Fat	0.02	%
Monounsaturated Fat	<0.01	%
Polyunsaturated Fat	0.04	%
Total Sugars	6.75	%
Added Sugar	0.00	%
Fructose	3.52	%
Glucose	3.23	%
Lactose	<0.25	%
Maltose	<0.25	%
Sucrose	<0.25	%
Calcium	4.23	mg/100g
Iron	0.40	mg/100g
Potassium	75.00	mg/100g
Sodium	4.40	mg/100g
Vitamin A (Beta Carotene)	3.94	mcg RAE/100g
Vitamin C	<0.05	mg/100g
Vitamin D	0.00	mg/100g

**Data obtained from multiple sources, including testing and literature. Data is not lot specific and should not be considered a specification.*

**Updated: 7/21/2017*

**Reviewed: 2/1/2021*

**Reviewed: 2/1/2024*

**Reviewed: 2/1/2026*