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Organic Watermelon Puree, NFC

Analysis Name	Results	Units
Moisture	95.12	%
Ash	0.16	%
Calories	18.90	cal/100g
Carbohydrate	4.33	%
Total Dietary Fiber	0.02	%
Protein	0.38	%
Total Fat	<0.01	%
trans Fat	<0.01	%
Saturated Fat	<0.01	%
Monounsaturated Fat	<0.01	%
Polyunsaturated Fat	<0.01	%
Total Sugars	4.62	%
Added Sugar	0.00	%
Fructose	2.28	%
Glucose	1.14	%
Lactose	<0.03	%
Maltose	<0.03	%
Sucrose	1.20	%
Calcium	2.49	mg/100g
Iron	0.18	mg/100g
Potassium	86.14	mg/100g
Sodium	1.68	mg/100g
Vitamin A (Beta Carotene)	16.62	mcg RAE/100g
Vitamin C	1.11	mg/100g
Vitamin D	0.00	mg/100g

**Data obtained from multiple sources, including testing and literature. Data is not lot specific and should not be considered a specification.*

**Updated: 7/21/2017*

**Reviewed: 2/1/2021*

**Reviewed: 2/1/2024*

**Reviewed: 2/1/2026*