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Plum Puree, NFC

Analysis Name	Results	Units
Moisture	81.79	%
Ash	1.27	%
Calories	68.00	cal/100g
Carbohydrate	16.16	%
Total Dietary Fiber	1.80	%
Protein	0.78	%
Total Fat	<0.10	%
trans Fat	<0.10	%
Saturated Fat	<0.10	%
Monounsaturated Fat	<0.10	%
Polyunsaturated Fat	<0.10	%
Total Sugars	10.15	%
Added Sugar	0.00	%
Fructose	4.38	%
Glucose	4.57	%
Lactose	<0.25	%
Maltose	0.26	%
Sucrose	0.94	%
Calcium	2.73	mg/100g
Iron	0.15	mg/100g
Potassium	142.73	mg/100g
Sodium	1.79	mg/100g
Vitamin A (Beta Carotene)	4.75	mcg RAE/100g
Vitamin C	0.71	mg/100g
Vitamin D	0.00	mg/100g

**Data obtained from multiple sources, including testing and literature. Data is not lot specific and should not be considered a specification.*

**Updated: 7/21/2017*

**Reviewed: 2/1/2021*

**Reviewed: 2/1/2024*

**Reviewed: 2/1/2026*