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Red Raspberry Puree, NFC

| Analysis Name | Results | Units |
|----------------------------------|---------------|---------------------|
| Moisture | 83.20 | % |
| Ash | 0.89 | % |
| Calories | 54.00 | cal/100g |
| Carbohydrate | 11.50 | % |
| Total Dietary Fiber | 3.00 | % |
| Protein | 0.90 | % |
| Total Fat | 0.50 | % |
| trans Fat | <0.50 | % |
| Saturated Fat | <0.50 | % |
| Monounsaturated Fat | <0.50 | % |
| Polyunsaturated Fat | <0.50 | % |
| Total Sugars | 9.00 | % |
| Added Sugar | 0.00 | % |
| Fructose | 4.50 | % |
| Glucose | 4.40 | % |
| Lactose | <0.50 | % |
| Maltose | <0.30 | % |
| Sucrose | 0.10 | % |
| Calcium | 11.90 | mg/100g |
| Iron | 0.68 | mg/100g |
| Potassium | 147.70 | mg/100g |
| Sodium | 3.80 | mg/100g |
| Vitamin A (Beta Carotene) | 6.50 | mcg RAE/100g |
| Vitamin C | 25.00 | mg/100g |
| Vitamin D | 0.00 | mg/100g |

**Data obtained from multiple sources, including testing and literature. Data is not lot specific and should not be considered a specification.*

**Updated: 7/21/2017*

**Reviewed: 2/1/2021*

**Reviewed: 2/1/2024*

**Reviewed: 2/1/2026*